



Richard Fescina and Nicholas Bruno



Present The 9th Annual

# NEW YORK STATE MARTIAL ARTS CHAMPIONSHIPS

Sunday, October 18, 2009

**LINDENHURST HIGH SCHOOL  
Lindenhurst, Long Island, NY**

STARTING TIMES FOR ALL DIVISIONS  
Beginner 8:30 AM Intermediate 11:00 AM  
Beginner & Intermediate Self Defense 10:00 AM  
Advanced 1:30 PM Black Belt 3:45 PM  
Advanced & Black Belt Self Defense 2:45 PM

**New for This Year... Self Defense Division!!!**

TRADITIONAL & OPEN FORMS Int. & Above  
TRADITIONAL & OPEN WEAPONS Int. & Above  
SELF DEFENSE, FIGHTING & DEMO TEAM

**All Events are Now One Price!!!**

\$200 Cash Prizes for all Adult Black Belt Grand Champions  
Spectacular Trophies for Jr. Black Belt Grand Champions  
(Jr. Black Belts 17 & under / fighting division excluded)

Demo Team - \$100 cash prize  
over 200 Divisions in all

4-Foot Trophies for 1st Place Winners  
Trophies for all 2nd to 4th Place Winners  
Medals for all other competitors

Early Pre-Registration Before September 10th

**12 & UNDER MINI JUNIOR EVENT**  
Do a short demo of Karate Skills - no form needed!  
All competitors in this division win a trophy!  
Must be Pre-registered - \$25.00

**DEMO TEAM  
COMPETITION  
1:00 PM**

**FINALS  
AFTER  
BLACK BELT  
DIVISION**

Visit  
Our Website  
[www.nysmac.net](http://www.nysmac.net)  
Download applications  
online!

For More Information Call Richard Fescina at: (631) 585-6111

# Tournament Information

**Date: Sunday, October 18, 2009**

## Event Times

7:30 am Registration Begins  
8:30 am Beginner Youth & Adult  
(White, Yellow & Orange)  
9:15 am Mini Junior Event 12 & Under  
(No Kata or Form needed)  
10:00 am Physically Challenged Division  
10:00 am Beginner & Intermediate Self Defense  
11:00 am Intermediate Youth & Adult  
(Blue, Purple & Green)  
1:00pm Demo Team  
1:30pm Advanced Youth & Adult  
(Red & Brown)  
2:45pm Advanced & Black Belt Self Defense  
3:45pm Black Belts  
Finals follow Black Belt Division

## Entry Fees

**Early Pre-Registration - Before September 18<sup>th</sup>**  
\$60.00 for one up to all four events

**Pre-Registration - Before October 10<sup>th</sup>**  
\$70.00 for one up to all four events

**Registration After October 10<sup>th</sup>**  
\$75.00 for one up to all four events

Mini Junior Division - \$25.00

Spectator Adults - \$10.00

Spectator Children - \$5.00

**Spectator's tickets sold at the door only**  
**CASH ONLY AT THE DOOR**  
**NO CREDIT CARDS OR CHECKS!**

## Rules & Regulations

**ON THE TOURNAMENT FLOOR** - Competitors need to be seated around the rings throughout their events. Spectators must not be on the floor at any time. For safety reasons, if the floor becomes overcrowded, the tournament will be stopped until the rules are observed.

**DURING THE COMPETITION** - Coaching is not allowed in order to ensure safety of competitors. A representative from each dojo is allowed ringside to attend their competitors. They may give assistance only.

**SELF DEFENSE** - Three techniques for beginner & intermediate divisions. Advanced and Black Belt five techniques. To make this event run on time, please coordinate with your Uke/Partner in advance.

**SPARRING** - No face contact allowed. light head contact only. All competitors must be in full gear - head, hands, feet, mouth & chest guard (17 & under MUST wear chest guard). 5 points wins the match. 2 points for a kick, 1 point for a punch. Two minute time limit. Warnings - 1st time warning. 2nd time point to opponent. 3rd time disqualification.

**DEMO TEAM** - Maximum number of 20 members, minimum 6. Time limit of 3 ½ minutes. Demonstrations will be judged on entire team, not on an individual member. Each Demo team member must be registered in the tournament.

**Directions:** Lindenhurst High School 300 Charles St Lindenhurst, NY 11757

**Southern State Parkway to exit 35S Wellwood Ave. South.**

**To Sunrise Highway [RT 27 east]. Make a right on N. Indiana Ave.**

**Make a left on Charles Street. School will be on the left.**

**Long Island Expressway L.I.E. to exit 49S [Rt. 110] south**

**Take to Sunrise Highway [Rt. 27 East]. Go past Wellwood Ave.**

**Make a right on N. Indiana Ave. Make a left on Charles Street.**

**School will be on the left.**

# NEW YORK STATE MARTIAL ARTS CHAMPIONSHIPS REGISTRATION FORM

**BE SURE TO FILL OUT BOTH SIDES COMPLETELY**

**NOTE: IF COMPETING IN FORMS AND/OR WEAPONS, YOU MUST CHOOSE EITHER OPEN OR TRADITIONAL, NOT BOTH. TRADITIONAL INCLUDES BOTH HARD AND SOFT.**

**Rank**  Beginner 1-1½ yrs  Intermediate 2-2½ yrs  Advanced 2½ yrs+  Black Belt

## 8:30 AM Beginner White / Yellow / Orange

- |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|
| <input type="checkbox"/> Ring 1<br>5 yrs & under  | <input type="checkbox"/> Ring 3<br>6-7 yrs old  | <input type="checkbox"/> Ring 5<br>8-9 yrs old  | <input type="checkbox"/> Ring 7<br>10-11 yrs old  | <input type="checkbox"/> Ring 8<br>12-13 yrs old  | <input type="checkbox"/> Ring 9<br>14-15 yrs old  | <input type="checkbox"/> Ring 9<br>16-17 yrs old  | <input type="checkbox"/> Ring 11<br>18-29 yrs old   | <input type="checkbox"/> Ring 11<br>30-39 yrs old   | <input type="checkbox"/> Ring 11<br>40+ yrs old   |
| <input type="checkbox"/> Weapons<br><input type="checkbox"/> Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Weapons<br><input type="checkbox"/> Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Weapons<br><input type="checkbox"/> Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Weapons<br><input type="checkbox"/> Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Weapons<br><input type="checkbox"/> Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Weapons<br><input type="checkbox"/> Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Weapons<br><input type="checkbox"/> Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Weapons<br><input type="checkbox"/> Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Weapons<br><input type="checkbox"/> Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Weapons<br><input type="checkbox"/> Forms<br><input type="checkbox"/> Sparring |

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## 9:15 AM Mini Jr. Event <sup>Ring 12</sup> Karate Skills - no form needed

## 10:00 AM Physically Challenged <sup>Ring 12</sup> Forms Weapons

## 10:00 AM Beginner & Intermediate Self Defense

- |   |  |  |  |  |  |   |  |  |   |   |
|---|--|--|--|--|--|---|--|--|---|---|
| <input type="checkbox"/> Ring 1<br>Beginners<br>7 yrs & under | <input type="checkbox"/> Ring 2<br>Beginners<br>8-10 yrs old | <input type="checkbox"/> Ring 3<br>Beginner<br>11-13 yrs old | <input type="checkbox"/> Ring 4<br>Beginner<br>14-17 yrs old | <input type="checkbox"/> Ring 5<br>Beginner<br>18+ yrs old | <input type="checkbox"/> Ring 6<br>Intermediate<br>7 yrs & under | <input type="checkbox"/> Ring 7<br>Intermediate<br>8-10 yrs old | <input type="checkbox"/> Ring 8<br>Intermediate<br>11-13 yrs old | <input type="checkbox"/> Ring 9<br>Intermediate<br>14-17 yrs old | <input type="checkbox"/> Ring 10<br>Intermediate<br>18-29 yrs old | <input type="checkbox"/> Ring 11<br>Intermediate<br>30+ yrs old |
|---|--|--|--|--|--|---|--|--|---|---|

## 11:00 AM Intermediate Purple / Blue / Green

- |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| <input type="checkbox"/> Ring 1<br>7 yrs & under  | <input type="checkbox"/> Ring 3<br>8-9 yrs old  | <input type="checkbox"/> Ring 5<br>10-11 yrs old  | <input type="checkbox"/> Ring 7<br>12-13 yrs old  | <input type="checkbox"/> Ring 8<br>14-15 yrs old  | <input type="checkbox"/> Ring 9<br>16-17 yrs old  | <input type="checkbox"/> Ring 10<br>18-29 yrs old   | <input type="checkbox"/> Ring 11<br>30-39 yrs old   | <input type="checkbox"/> Ring 12<br>40+ yrs old   |
| <input type="checkbox"/> Trad Weapons<br><input type="checkbox"/> Open Weapons<br><input type="checkbox"/> Trad Forms<br><input type="checkbox"/> Open Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Trad Weapons<br><input type="checkbox"/> Open Weapons<br><input type="checkbox"/> Trad Forms<br><input type="checkbox"/> Open Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Trad Weapons<br><input type="checkbox"/> Open Weapons<br><input type="checkbox"/> Trad Forms<br><input type="checkbox"/> Open Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Trad Weapons<br><input type="checkbox"/> Open Weapons<br><input type="checkbox"/> Trad Forms<br><input type="checkbox"/> Open Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Trad Weapons<br><input type="checkbox"/> Open Weapons<br><input type="checkbox"/> Trad Forms<br><input type="checkbox"/> Open Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Trad Weapons<br><input type="checkbox"/> Open Weapons<br><input type="checkbox"/> Trad Forms<br><input type="checkbox"/> Open Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Trad Weapons<br><input type="checkbox"/> Open Weapons<br><input type="checkbox"/> Trad Forms<br><input type="checkbox"/> Open Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Trad Weapons<br><input type="checkbox"/> Open Weapons<br><input type="checkbox"/> Trad Forms<br><input type="checkbox"/> Open Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Trad Weapons<br><input type="checkbox"/> Open Weapons<br><input type="checkbox"/> Trad Forms<br><input type="checkbox"/> Open Forms<br><input type="checkbox"/> Sparring |

## 1:00 PM Ring 2 Demo Team

## 2:45 PM Advanced & Black Belt Self Defense

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Ring 1<br>Advanced<br>9 yrs & under   | <input type="checkbox"/> Ring 2<br>Advanced<br>10-12 yrs old   | <input type="checkbox"/> Ring 3<br>Advanced<br>13-14 yrs old   |
| <input type="checkbox"/> Ring 4<br>Advanced<br>15-17 yrs old   | <input type="checkbox"/> Ring 5<br>Advanced<br>18-29 yrs old   | <input type="checkbox"/> Ring 6<br>Advanced<br>30+ yrs old     |
| <input type="checkbox"/> Ring 7<br>Black Belt<br>9 yrs & under | <input type="checkbox"/> Ring 8<br>Black Belt<br>10-12 yrs old | <input type="checkbox"/> Ring 9<br>Black Belt<br>13-14 yrs old |

## 1:30 PM Advanced Red / Brown

- |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| <input type="checkbox"/> Ring 1<br>9 yrs & under  | <input type="checkbox"/> Ring 3<br>10-11 yrs old  | <input type="checkbox"/> Ring 5<br>12-13 yrs old  | <input type="checkbox"/> Ring 7<br>14-15 yrs old  | <input type="checkbox"/> Ring 8<br>16-17 yrs old  | <input type="checkbox"/> Ring 9<br>18-29 yrs old  | <input type="checkbox"/> Ring 10<br>30-39 yrs old   | <input type="checkbox"/> Ring 11<br>40+ yrs old   | <input type="checkbox"/> Ring 11<br>50+ yrs old   |
| <input type="checkbox"/> Trad Weapons<br><input type="checkbox"/> Open Weapons<br><input type="checkbox"/> Trad Forms<br><input type="checkbox"/> Open Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Trad Weapons<br><input type="checkbox"/> Open Weapons<br><input type="checkbox"/> Trad Forms<br><input type="checkbox"/> Open Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Trad Weapons<br><input type="checkbox"/> Open Weapons<br><input type="checkbox"/> Trad Forms<br><input type="checkbox"/> Open Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Trad Weapons<br><input type="checkbox"/> Open Weapons<br><input type="checkbox"/> Trad Forms<br><input type="checkbox"/> Open Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Trad Weapons<br><input type="checkbox"/> Open Weapons<br><input type="checkbox"/> Trad Forms<br><input type="checkbox"/> Open Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Trad Weapons<br><input type="checkbox"/> Open Weapons<br><input type="checkbox"/> Trad Forms<br><input type="checkbox"/> Open Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Trad Weapons<br><input type="checkbox"/> Open Weapons<br><input type="checkbox"/> Trad Forms<br><input type="checkbox"/> Open Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Trad Weapons<br><input type="checkbox"/> Open Weapons<br><input type="checkbox"/> Trad Forms<br><input type="checkbox"/> Open Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Trad Weapons<br><input type="checkbox"/> Open Weapons<br><input type="checkbox"/> Trad Forms<br><input type="checkbox"/> Open Forms<br><input type="checkbox"/> Sparring |

## 3:45 PM Black Belts

- |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| <input type="checkbox"/> Ring 1<br>9 yrs & under  | <input type="checkbox"/> Ring 3<br>10-11 yrs old  | <input type="checkbox"/> Ring 5<br>12-13 yrs old  | <input type="checkbox"/> Ring 7<br>14-15 yrs old  | <input type="checkbox"/> Ring 8<br>16-17 yrs old  | <input type="checkbox"/> Ring 9<br>18-29 yrs old  | <input type="checkbox"/> Ring 10<br>30-39 yrs old   | <input type="checkbox"/> Ring 11<br>40+ yrs old   | <input type="checkbox"/> Ring 11<br>50+ yrs old   |
| <input type="checkbox"/> Trad Weapons<br><input type="checkbox"/> Open Weapons<br><input type="checkbox"/> Trad Forms<br><input type="checkbox"/> Open Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Trad Weapons<br><input type="checkbox"/> Open Weapons<br><input type="checkbox"/> Trad Forms<br><input type="checkbox"/> Open Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Trad Weapons<br><input type="checkbox"/> Open Weapons<br><input type="checkbox"/> Trad Forms<br><input type="checkbox"/> Open Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Trad Weapons<br><input type="checkbox"/> Open Weapons<br><input type="checkbox"/> Trad Forms<br><input type="checkbox"/> Open Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Trad Weapons<br><input type="checkbox"/> Open Weapons<br><input type="checkbox"/> Trad Forms<br><input type="checkbox"/> Open Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Trad Weapons<br><input type="checkbox"/> Open Weapons<br><input type="checkbox"/> Trad Forms<br><input type="checkbox"/> Open Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Trad Weapons<br><input type="checkbox"/> Open Weapons<br><input type="checkbox"/> Trad Forms<br><input type="checkbox"/> Open Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Trad Weapons<br><input type="checkbox"/> Open Weapons<br><input type="checkbox"/> Trad Forms<br><input type="checkbox"/> Open Forms<br><input type="checkbox"/> Sparring | <input type="checkbox"/> Trad Weapons<br><input type="checkbox"/> Open Weapons<br><input type="checkbox"/> Trad Forms<br><input type="checkbox"/> Open Forms<br><input type="checkbox"/> Sparring |

**Men**  149 lbs & under  150-169 lbs  170-189 lbs  190 lbs & over **Women**  129 lbs & under  130 lbs & over

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**PLEASE MAKE A COPY OF THIS REGISTRATION FORM FOR YOURSELF SO YOU KNOW WHAT RING YOU WILL BE IN.**

**Competitors Name:** \_\_\_\_\_ **M F Weight:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Phone** \_\_\_\_\_ **Birth Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_ **Age:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Martial Arts School Name:** \_\_\_\_\_ **Instructor Name** \_\_\_\_\_

**School Address** \_\_\_\_\_ **City/State/Zip** \_\_\_\_\_ **Phone:** \_\_\_\_\_

I, the undersigned, do hereby release all persons associated with this event in any capacity. Including, but not limited to, Richard Fescina, Nicholas Bruno, Lindenhurst High School, its agents and associates, the studios Kempo Martial Arts, its agents and associates from any liability due to injuries that I may incur as a result of my attendance and/or participation at the above event. Furthermore, I hereby grant permission to use any photographs and waive any compensation whatsoever that may be used in conjunction with them now or in the future, whether that use is known to me or unknown, including use of my name by the promoter. The undersigned, or legal guardian, understands all risks inherent and incidental to this type of sport activity, including bodily contact. All rules have been read, understood and agreed to be abided by, and the signer will assume all responsibility and/or liability for infringement of such rules. Additionally, the signer acknowledges that there are no medical ailments that would inhibit their ability to perform martial arts and hereby certify that the competitor is mentally & physically fit to compete at this event.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

(if under 18, signature of legal guardian necessary)

**SEE REVERSE SIDE FOR MAILING INFORMATION AND PAYMENT OPTIONS**



NYSMAC  
 P.O. Box 5115  
 West Babylon, NY 11704

# NEW YORK STATE MARTIAL ARTS CHAMPIONSHIPS

**Please Select Method of Payment:** This Application was Downloaded from NYSMAC.net

Check Made Payable to NYSMAC     Visa     MasterCard

Name on Card: \_\_\_\_\_ Card No: \_\_\_\_\_

Expiration Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Total Amount: \_\_\_\_\_

I authorize Kempo Martial Arts to charge the above total amount to my credit card. I also understand that there are no refunds.

Signature: \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Make Checks Payable to: NYSMAC**

**Mail Signed and Completed Registration to:**  
 NYSMAC • P.O. Box 5115 • West Babylon, NY 11704

Early Pre-reg competitor @ \$60.00	
Pre-reg competitor @ \$70.00	
Registered competitor @ \$75.00	
Mini-Junior event @ \$25.00	
<b>TOTAL AMOUNT</b>	

**Questions? Call Richard Fescina at: (631) 585-6111**